

# Women's Health

TRANSFORMING CARE FOR PATIENTS AND THE COMMUNITY



## Women's Health at Memorial

At Providence Santa Rosa Memorial Hospital, we understand that women's health is more than just a medical specialty. It is a holistic approach that encompasses our patients' physical, emotional and mental well-being. Our team of board-certified obstetrician/gynecologists and certified nurse midwives work together to provide comprehensive health care for all women. Our providers share the common goal of providing compassionate, evidenced-based care that values your specific needs. From low-risk to the most complex cases, our OB/GYN team provides everyone with a personalized approach to their care.

"I always dreamed of having a natural birth, but when I went into labor at 32 weeks, I knew that was not an option. I was scared for my baby, who was born weighing only 3 pounds. I was so glad to have a NICU onsite. The nurses and doctors were so supportive and compassionate, and they made us feel like part of their family. They gave us the best gift we could ever ask for: our beautiful baby boy." - Jessica S.



Providence Santa Rosa Memorial Foundation

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# Women's Health

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## Spectrum of Care

Providence Santa Rosa Memorial Hospital's women's health program offers a wide range of services to meet the physical, emotional and mental health needs of women at every stage of life. Services include:

### Obstetrics

- Prenatal care
- The Family Birth Center at SRMH, which includes care for high-risk pregnancies
- The only Level 3 NICU between Marin County, California and Portland, Oregon
- Postpartum care, including breastfeeding and mental health support

### Gynecology

- Menopause counseling and treatment
- Minimally invasive and robotic surgery
- Osteoporosis prevention and treatment
- Urogynecology and pelvic floor disorder care
- Pap smears and infection screening

### Cancer

- Women's cancer prevention, detection, treatment and survivorship
- Breast health services, including digital mammography, ultrasound, biopsy and surgery

### Women's Wellness

- Well-woman exams
- Family planning and fertility services
- Behavioral health services
- Wellness and prevention services, including nutrition counseling, weight management, smoking cessation and stress management

## Vision

Our vision is to provide comprehensive and holistic health care for women of all ages and backgrounds. We aim to empower women to achieve their optimal physical, mental and emotional well-being through evidence-based, culturally sensitive and patient-centered services. We believe that every woman deserves access to quality and affordable health care that meets her unique needs and preferences.

# Women's Health

*Philanthropy at Work*



For more than 15 years, Women's Health at Memorial (WHAM) has brought together like-minded supporters of women's wellness to promote collective philanthropic support for women's health at Providence Santa Rosa Memorial Hospital.

The group meets four times per year for socializing and education about the latest trends in health care. Members contribute annual dues that are pooled to provide support for innovation and critical technology for a wide variety of women's health-related programs.



# Women's Health

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## How you can support women's health

Your gift to Providence Santa Rosa Memorial Foundation can be designated to women's health overall, or it can be designated to a specific area, such as:

- Joining Women's Health at Memorial (WHAM) and learning about the latest health innovations with like-minded guests while supporting women's health at Memorial
- Upgrading our women's health spaces like our Family Birth Center
- Enhancing the technology used to support women's health
- Expanding programs like breastfeeding support and menopause management
- Investing in research and innovation in the field of women's health



**Katie Kinzel**  
Manager of Donor Engagement

## Your generosity can be recognized in many ways:

- Create a named restricted fund or endowment.
- Name a space or program.
- Honor a clinician with an endowed chair.
- Give in honor or in memory of a loved one.
- Honor a favorite physician, therapist or nurse.

If you would like more information on how to support our women's health program, please contact **Katie Kinzel** at 707-525-5357 or [Katie.Kinzel@providence.org](mailto:Katie.Kinzel@providence.org).