

Palliative Care

TRANSFORMING CARE FOR PATIENTS AND THE COMMUNITY



Strength for the Journey

Providence Santa Rosa Memorial Hospital's palliative care program provides compassionate support to patients with serious illnesses, focusing on improving quality of life. Our close-knit care team collaborates to create personalized care plans that manage symptoms, alleviate pain and offer treatment guidance. By emphasizing patient-centered care, the program respects individual values and preferences, aiming to provide comfort and dignity throughout the health journey.

“I can't express enough gratitude for the kindness and care provided by the team. You've made a challenging time more bearable, and your support has meant the world to me and my family.”

– Priscilla S.



Providence Santa Rosa Memorial Foundation

151 Sotoyome St. Santa Rosa, CA 95405 | GiveToMemorial.org

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Spectrum of Care

We are honored to support patients' palliative care needs in collaboration with their broader care team.

- **Compassionate Support:** Our program is dedicated to providing compassionate support to patients with serious illnesses. This includes emotional, psychological and spiritual care to help patients and their families navigate challenging times.
- **Personalized Care Plans:** We believe in creating personalized care plans tailored to each patient's unique needs and preferences. Our close-knit care team collaborates to design plans that manage symptoms, alleviate pain and provide treatment guidance.
- **Patient-Centered Approach:** Our patient-centered care emphasizes respecting individual values and preferences. We strive to honor what matters most to our patients, ensuring their comfort and dignity throughout their health journey.
- **Quality of Life Improvement:** A primary focus of our program is to improve the quality of life for our patients. By addressing physical, emotional and social needs, we aim to enhance overall well-being and provide meaningful support during difficult times.

Vision

Our vision is to establish a fully integrated palliative care program in every appropriate clinical area of Providence Santa Rosa Memorial Hospital. By seamlessly incorporating compassionate support, personalized care plans, a patient-centered approach and a commitment to improving quality of life, we aim to provide holistic, comprehensive care to all patients facing serious illnesses.

Palliative and Hospice

Department Leadership



Avinash Ramchandani, M.D.
Medical Director



Jill Souza, MSN, PHN
Northern California Regional Director



Meadow Stempek, RN, BSN, MSN,
ACNP-BC
Lead Supervisor/Nurse Practitioner

"I am thrilled to partner with our philanthropic community to advance palliative care at Providence Santa Rosa Memorial Hospital. This collaboration will enable us to provide even greater compassionate support and personalized care plans, ultimately enhancing the quality of life for our patients and their families. Together, we are building a future where every patient facing serious illness receives the holistic and dignified care they deserve."

- Avinash Ramchandani, M.D., Medical Director for Palliative Care

Palliative Care

(Continued)

How you can support palliative care

Your gift to Providence Santa Rosa Memorial Hospital Foundation can be designated to the palliative care program overall, or it can be designated to a specific area, such as:

- Providing continuing education for our palliative care clinicians
- Increasing access to our nationally-recognized palliative care programs
- Upgrading our palliative care spaces
- Enhancing the technology used to support palliative care
- Investing in research and innovation in the field of palliative care



Your generosity can be recognized in many ways:



Charmaine Stainbrook
Director, Planned Giving

- Create a named restricted fund or endowment.
- Name a space or program.
- Honor a clinician with an endowed chair.
- Give in honor or in memory of a loved one.
- Honor a favorite physician, therapist, or nurse.

If you would like more information on how to support our palliative care programs, please contact **Charmaine Stainbrook** at 707-582-2105 or at Charmaine.Stainbrook@providence.org.